

Department of Veterans Affairs

2501 W. 22nd Street

Sioux Falls, SD 57117-5046



VA
HEALTH
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NEWS RELEASE

FOR FURTHER INFORMATION
CONTACT:

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December 27, 2012

SIOUX FALLS VA HEALTHY LIVING FAIR

All Veterans are invited to a Healthy Living Fair at the Sioux Falls VA Medical Center January 11, 2013, from 7:00 AM – 4:00 PM. Veterans (both those who use and those who do not use VA services) and their families are encouraged to attend.

VA staff will be on hand to help Veterans be more involved in their health care, manage stress, eat wisely, be physically active, and learn how to get recommended screening tests and immunizations. In addition, healthy cooking classes, yoga, and tai chi classes will be available.

Veterans can learn more about VA services – the patient centered care teams, diabetes prevention, weight loss program, low vision program, crisis intervention, MyHealthVet internet service, secure messaging with health care providers, plus other wellness information. Attendees are also invited to pick up giveaways and enjoy healthy snacks while browsing the displays.

The health fair is sponsored by the VA Health Promotion Disease Prevention Committee. Please join us at the fair on January 11, 2013 in the 4th floor auditorium of the medical center at 2501 W. 22nd Street.

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